

NECK



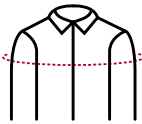
Run the tape measure around your neck, about an inch above your collarbone in front. Our shirts have a 1/2-inch allowance so record the exact measurement. If in between increments, round **up** to the nearest half inch.

SHOULDER TO THUMB



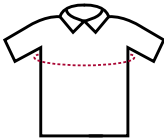
Use the axis bone in the middle of your neck in the back as the starting point, then run the tape over your shoulder peak down the outside of your arm to the tip of your thumb. Record the measurement. If in between increments, round **up** to the nearest whole inch.

OVERARM



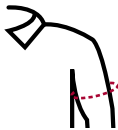
With your arms down and to the side, run the tape measure around your shoulders and chest at your fullest point, keeping the tape measure parallel to the ground. Record the exact measurement. If in between increments, round **up** to the nearest whole inch.

CHEST



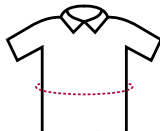
Run the tape measure under your arms, around your chest and across your nipples. Record the exact measurement. If in between increments, round **up** to the nearest whole inch.

BICEP



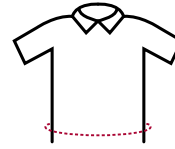
Keep your arms down, to the side and relaxed. Run the tape measure around the widest point of your bicep (either left or right) at rest. Record the exact measurement. If in between increments, round **up** to the nearest half inch.

GIRTH



Run the tape measure around the core of your body where you like to button your jacket. Record the measurement. If in between increments, round **up** to the nearest whole inch.

WAIST



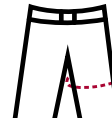
Take a **tight** measurement inside your belt / waistband, where you like to wear your dress pants. If in between whole inches, round **down** to the nearest whole inch (i.e., if measurement equals 38.5 inches, record 38 inches). **Note: This number will most likely be 2-3 inches larger than your typical jean size.**

SEAT



Run the tape measure around the heaviest part of your caboose, ensuring there is nothing in your pockets. Keep the tape measure parallel to the ground and record the exact measurement. If in between increments, round **up** to the nearest whole inch.

THIGH



Measure around the widest portion of your thigh, roughly 1 inch down from your crotch. Record the exact measurement. If in between increments, round **up** to the nearest whole inch.

CALF



Measure around the widest point of your calf (either left or right). Keep the tape measure parallel to the ground. Record the exact measurement. If in between increments, round **up** to the nearest whole inch.

OUTSEAM



To have your pants finished upon arrival measure your pant outseam from the very top of your dress slacks waistband, down along the side of your leg, to the very bottom of your dress slacks leg.